

Linnda Durre'

- Ph.D. in Psychology – Licensed Psychotherapist
- FL License #MH6058 – Private Practice
- Business and Corporate Consultant
- Television and Radio Talk Show Host
- Media Guest and News Commentator
- National Speaker, Seminar Leader, and Trainer
- Author & Writer – “Surviving the Toxic Workplace”
- Magazine and Newspaper Columnist
- Former Adjunct Professor of Psychology
- Member of Mensa and appeared on “Jeopardy”



EDUCATION

- B.A., Human Development
Pacific Oaks College , Pasadena, CA
- Ph.D. and M.A., Psychology
California School of Professional Psychology , San Diego, CA

HOST AND PRODUCER * OR CO-PRODUCER**

- “The Linnda Durré Show” *
WEUS, 810 AM, Daily Weekday Show
Orlando, Florida
- “Personal Success Hotline with Dr. Durré” *
WCEU, PBS Affiliate
Daytona Beach, Florida
- “Ask the Family Therapist” **
America’s Health Network
Universal Studios, Orlando, Florida
- “The Dr. Linnda Durre’ Show” * *
WDBO, AM 580, Cox Communications
Orlando, Florida
- “Let’s Talk with Dr. Linnda Durré” * *
WCFE, NPR Affiliate
Plattsburgh, New York

HOST * OR HOST FINALIST **

Meet Your Match *
Great Ideas! Disney Channel * (also writer)
Good Advice, Andy Friendly, Producer * *

RADIO APPEARANCES (PARTIAL LIST)

ESPN (Four appearances)
National Public Radio
California Public Radio
The Michael Jackson Radio Show
The Bill Ballance Radio Show (3 years)
The Owen Spann Show

COLUMNIST (PARTIAL LIST)

Forbes Online - www.forbes.com EBossWatch
American Cities Business Journals A & U Magazine
Orlando Business Journal Head Lines - NY
Orlando Leisure Magazine Holistic Health News
In Focus Magazine Online Focus In Newspaper

MAGAZINE INTERVIEWS

Screen Actor Parade Magazine Washington Parent
Florida Magazine Recharger Magazine

**127 West Fairbanks Avenue, #501
Winter Park, FL 32789-4326**

TV APPEARANCES (PARTIAL LIST)

60 Minutes
Oprah
Good Morning America
The Today Show
The O’Reilly Factor (twice)
The Disney Channel
Daytime, Hour Magazine, and The Home Show
Donahue (twice)
The Sally Jessy Raphael Show
The Daily Buzz (Weekly from May 2005-Feb 2006)
People Are Talking
The Home and Family Show
Good Day Orlando (Three appearances)
AM South Florida
Inside Tampa Bay
WESH – NBC Affiliate, Orlando, FL (20 appearances)
WKMG – CBS Affiliate, Orlando, FL (18 appearances)
WFTV – ABC Affiliate, Orlando, FL (18 appearances)
WOFL – Fox Affiliate, Orlando, FL (Seven appearances)
News Channel 13, Orlando, FL (Ten appearances)
NPR, PBS, CBS, ABC, NBC, CW, and Fox News

NEWSPAPER INTERVIEWS/QUOTES (PARTIAL)

| | |
|------------------------------------|---------------------|
| New York Times | USA Today |
| Los Angeles Times | UPI & AP |
| San Francisco Chronicle & Examiner | Pacific Sun |
| San Diego Union and Tribune | Argus Leader |
| Atlanta Journal Constitution | San Diego Newsline |
| Orlando Business Journal | Pasadena Star News |
| Orlando Sentinel | Albany Times Union |
| San Antonio Light | New Haven Register |
| Seattle Business Journal | La Jolla Light |
| Christian Science Monitor | Stars and Stripes |
| Variety & Hollywood Reporter | Calgary Sun |
| Backstage & Dramalogue | Sacramento Bee |
| 213 Beverly Hills | Cincinnati Enquirer |
| Investors Business Daily | AM NY |

ONLINE AND E-ZINE INTERVIEWS (PARTIAL LIST)

| | |
|---------------------|----------------------------|
| CNN On Line (twice) | Washington Parent Magazine |
| E Online | Natural Solutions |
| LA Times | Alliant University |
| Chow OnLine | Wellsphere |
| JobWeek | Office Professional |

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Fax (407) 643-9151**

Linnda Durre'

SPEAKING ENGAGEMENTS, CONSULTATION,

- American Psychological Association
- American Management Association
- National Speakers Association
- National Organization for Women
- California Psychological Association
- California Assn. for School Psychologists
- National Association of Social Workers
- California School of Professional Psychology
- California State Assembly
- Southern California Neuropsychiatric Institute
- Naval Drug Rehabilitation Center
- Naval Regional Medical Center
- Society for the Scientific Study of Sex
- San Diego Society for Sex Therapy & Education
- National Federation on Therapy Abuse
- San Diego State University
- University of California, San Diego
- University of California, Irvine
- University of Central Florida, Honors Program
- SUNY, Plattsburgh
- University for Humanistic Studies
- Western State University
- National University
- Pacific Oaks College
- Rollins College & Rollins Psychology Club
- DeVry Institute
- Valencia Community College
- Discover University
- The Knowledge Shop
- San Diego Unified School District
- San Diego Regional Training Center
- American Automotive Leasing Association
- Employee Services Management Association
- National Chemical Credit Managers Association
- American Association of Leasing Agents
- Insurance Underwriters of America
- Insurance Claims Adjusters Association
- Great American Savings Bank
- Seattle Payroll Association
- Orlando Convention Leads Group
- Business and Professional Women's Club
- National Association of Bank Women
- National Assn. of Female Executives
- National Assn. of Professional Saleswomen
- Association of Professional Mortgage Women
- American Business Women's Association
- Advocates for Women in Academia
- Jacobson's

AND/OR TRAININGS (PARTIAL LIST)

- Walt Disney World
- Whole Foods
- Orlando Magic NBA Team
- Dollar Enterprises
- Orlando Police Department
- Orange County Sheriff's Department
- Girl Scouts of America
- Paul Mitchell – The School
- Paramount Studios
- Columbia Studios
- Screen Actors Guild
- Women in Film
- Florida Actors Book Group
- Amer. Fed. of TV & Radio Artists (AFTRA)
- Directors Guild of America
- Writers Guild of America
- Center for the Study of the Person
- La Jolla Women's Center
- Center for Women's Services and Studies
- Women's Forum
- Displaced Homemakers Project
- Hispanic Women's Recovery Home
- Psychology & Law Society
- B'nai B'rith & Jewish Federation
- BICSI
- Altrusa Service Club, SW & SE Districts
- Orlando Chamber of Commerce
- Winter Park Chamber of Commerce
- Mothers of Pre-schoolers (MOPS)
- Mothers Club
- Junior League
- Kiwanis Club, Rotary Club
- Lions Club
- Optimists Club and Soroptimists Club
- Masons Club
- Werner Erhard and Associates
- Physicians and Surgeons Hospital
- Kaiser-Permanente Hospital
- Pomerado Hospital
- Florida Hospital
- Daniel Freeman Marina Hospital
- Medical Services Society
- Emergency Medical Technicians Group
- Crossroads Learning Center
- Goodwill Industries
- The Golden Rule Foundation
- Health & Well Being Festival, Seattle
- Florida State Dept of Business & Prof. Regulations

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Linnda Durre'

BIOGRAPHY

Linnda Durré, Ph.D., a psychotherapist with 30 years of experience, is a consultant, speaker, trainer, published author, magazine and newspaper columnist, TV and radio talk show host, and media guest. She received her B.A. in Human Development from Pacific Oaks College in Pasadena, and her M.A. and her Ph.D. in Psychology from California School of Professional Psychology in San Diego, now known as Alliant University

She was a research assistant at Stanford University, working on the national evaluation of Head Start. She has three elementary teaching credentials (K-6), and has taught and/or lectured grades from nursery school to graduate school. She is an artist, art therapist, and former art teacher. She was an adjunct professor at Rollins College, teaching both Life Span Development and Life Transitions, a course she designed.

She consults to attorneys, serves as an expert witness in family counseling, child custody, sexual harassment and discrimination, and sexual abuse by therapists; the latter was the topic her 400-page doctoral dissertation, which was used to pass legislation in several states.

Dr. Durré consults and speaks to businesses, corporations, agencies, non-profit organizations, and companies on customer service training, stress and time management, conflict resolution, communication skills, personality disputes, team building, job satisfaction, diversity training, sex discrimination and harassment.

She has done crisis intervention training for various police departments, including the Orlando Police Department, the Orange County (Florida) Sheriff's Department, as well as completing an internship with the San Diego County Sheriff's Department.

She is a sports consultant to high school, college, amateur and professional athletes, concerning fitness, peak performance, negative messages, and dealing with fame. She has worked with athletes in the NFL, NBA, NHL, MLB, Olympics, golf, tennis, and swimming; and with their families, spouses, and children; and she been interviewed by Sportsline and ESPN Radio four times

When she sold a TV series to Aaron Spelling, she was admitted to the Writers Guild of America, and was also admitted to AFTRA and ASCAP. She has written six full-length screenplays, three plays, short stories, and has published her poems and political cartoons. She was accepted into Edward Albee's Master Class in playwrighting for her original play, "The Viewing." She adapted it into a short film, directed and produced it. "The Viewing" was an official selection at the Ft. Lauderdale International Film Festival, Delray Beach Film Festival, was a finalist in the Best of Florida/Made in Florida Film Festival, and won a Crystal Reel Award

from FMPTA for Best Short Script. She also teaches acting classes and does individual coaching.

She hosted and co-produced two live call-in TV shows: "Ask the Family Therapist," on America's Health Network, a national cable TV station at Universal Studios, Orlando, associated with Mayo Clinic, and was selected over 200 applicants in a national search; and "Personal Success Hotline with Dr. Durre'," on a PBS affiliate. From May 2005-February 2006, she appeared weekly on "The Daily Buzz," as their resident "shrink."

She currently hosts, "The Linnda Durré Show," on WEUS 810 AM daily weekdays from 12-1 PM, which streams live on audio at www.810weus.com. On WDBO 580 AM radio in Orlando, she hosted and co-produced, "The Dr. Linnda Durré Show," as well as, "Let's Talk with Dr. Linnda Durré," in New York on an NPR affiliate. She has appeared on Oprah, 60 Minutes, The Today Show, GMA, O'Reilly, AM LA, Daytime, Home and Family Show, Donahue, The Home Show, Disney Channel, and CBS, NBC, ABC, Fox, NPR, CW & PBS.

Her book, *Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses and Work Environments that Poison Your Day*, was published by McGraw Hill. Her book, *Great Relationships™ Manual* is on-line at Amazon, Barnes & Noble, and Borders. She is a bimonthly contributor to EBoss Watch. She is featured in the anthology, *On Love and Loving*, wrote a newspaper column, "Head Lines," in NY, and was a magazine columnist for Arts & Understanding Magazine (A & U), Orlando Leisure Magazine, and Holistic Health News. Her column, "The Doctor Is In," for Orlando Business Journal and American Cities Business Journals, can be found on www.bizjournals.com

Her volunteer work includes: The Bridge Foundation, Cocaine Hotline, Harbor House-The Center Against Domestic Violence, Winter Park Tech, The Golden Rule Foundation, NJ State Diagnostic Center, coordinator of San Diego's Women's Counseling Referral Service, Love & Sex Addiction Hotline, Strong on Self-Defense, Women's Business Exchange; Mentor Programs at five different high schools; and local coordinator for Bill Moyers' PBS series, "Healing & the Mind."

Her past and/or present listings and memberships include: Mensa, American Psychological Association, American Association of Marriage and Family Therapists, Writers Guild of America (WGA), Women's Committee of WGA, World's Who's Who of Women, World's Who's Who of Intellectuals, Who's Who in the West, Who's Who in La Jolla, Outstanding Young Women of America, National Board of Certified Counselors, and Who's Who of Human Service Professionals.

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Linnda Durre'

TV & RADIO SHOW, SPEECH, CONSULTATION, TRAINING & WRITING TOPICS

BUSINESS & SUCCESS

Customer Service Training
Motivation & Achievement
Goal Setting & Visualization
Sales Techniques & Motivation
On Camera & Speech Presentation
Downsizing & Career Changes
Coping with Toxic Companies
Time Efficiency
Stress Management
Self-Employment
Decision Making
Job Performance & Satisfaction
Dealing with Difficult People
Sexual Preference & Diversity
Sex Discrimination & Harassment
Teamwork & Team Building

SEXUALITY

Attraction & Sexuality
Passion & Desire
Sexual & Gender Dysfunction
Gay Issues
Sex Education
Affairs & Infidelity

TRAUMA

Childhood & Life Trauma
Child Abuse & Neglect
Sexual Abuse in Therapy
Rape & Date Rape
Incest & Child Molestation
Post Traumatic Shock Disorder
Veteran Re-entry
Crime Victim Survival
Sex Discrimination & Harassment
Hurricane Stress
Grief & Mourning
Pet Loss & Grief
Terminal Illness
Death & Dying

HEALTH & WELL BEING

Prime Health & Well Being
Exercise & Weight Control
Obesity, Bulimia & Anorexia
Fitness, Diet & Nutrition
Psychological Roots of Disease
Unresolved Anger & Rage
Effects of Negative Thinking

ADDICTIONS

Drugs & Alcohol
Food & Eating Disorders
Gambling
Shopping
Workaholism
Sex & Love
Co-Dependence & Enabling
Rehab & Recovery
Children of Alcoholics
Dysfunctional Families

RELATIONSHIPS

Love & Romance
Intimacy & Commitment
Engagement & Marriage
Finding the Perfect Mate
Friendships & Co-workers
Communication
Jealousy & Envy
Infidelity & Affairs
Separation & Divorce
Domestic Violence
Conflict Resolution

LIFE TRANSITIONS

Aging & Retirement
Menopause & Mid-Life Crisis
Empty Nest Syndrome
Separation & Divorce
Grief, Loss & Widowhood
The New Baby
Engagements & Marriage

SPORTS

Peak Performance & Training
Motivation & Discipline
Prime Health & Nutrition
Teammates & Coaches
Temptations on the Road
Stress on the Spouse & Family
Dealing with the Press
Coping with Fans & Detractors

PERSONALITY DISORDERS

Psychopaths/Sociopaths
Borderlines
Passive-Aggressives
Narcissists
Personality Disorders

SCHOOL CONCERNS

School Phobias & Adjustments
Hyperactivity & HDAD
Attention Deficit Disorders
Dyslexia & Learning Disabilities
Parent Education
Special Needs Children
Parent-Teacher Communication

FAMILY DYNAMICS

Family Dynamics
Dysfunctional Families
Parent Education
Communication
Children & Adolescents
Effects of Divorce on Children
Separation & Divorce
Adoption & Infertility
Miscarriage & Stillborns
Domestic Violence
Blended Families

LIFE SKILLS

Stress Management
Time Management
Communication Skills
Assertiveness Training
Anger Management
Self Confidence & Self Esteem
Motivation & Excellence
Make Your Dreams Come True
Mediation
Active Listening

SPIRITUALITY

Prayer & Meditation
Guided Imagery & Visualization
Life Mission & Purpose
Dream Interpretation
Universal Beliefs
Religious & Spiritual Path
Coping with Adversity
The Power of Prayer in Healing

DEPRESSION & ANXIETY

Depression & Anxiety
Manic-Depression
Grief & Mourning
Mental Disorders
Phobias

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